



RHW

Rangeley Health and Wellness

your partners in well-being

1. What medical, health and/or fitness programs/services do you see as important to this community? What additional services would enhance living in Rangeley?

- Pharmacy- Delivery 25
- Recreation center for all ages 24
- Community Garden 19
- Integrated trails for biking and walking 18
- Mental Health Services 17
- Mentoring programs 13
- Full Time Doctor 8
- Full size pool 8
- Airport expansion 6
- Seniors programs including Respite care, NCN WSS 7
- Veterans services 6
- Assisted living/ continued care 5
- Fitness Center 5
- Support Groups 4
- Home Care nursing 4
- Veterinary services 4
- Ambulance 3
- Integrated holistic health services 3
- Full Marathon 3
- Survey for school age kids 2
- Transportation / Rhat van 2
- Community Connection during tragedy 2
- Physical Therapy 1
- Assisted Children's Programs 1
- Natural Food Store 1
- Aging in Place for community
- School Nurse
- Flu Shot Clinic
- More swim lessons

2. What Other services do you see as vital to the long term well-being of the Rangeley Community? What other items would enhance living in Rangeley?

- Saddleback opening 23
- Internet 13
- Cell Service 12
- Day care/ prek /Elder day care 11
- Affordable/attainable housing 10
- Downtown Revitalization 9
- Job training for graduates 8
- Resource/police officer in the school 7
- Full time funded economic planner 6
- Young vibrant community, ability to stay in Rangeley, support for 18-30 6
- Vocational learning area 5
- Better use of town park, expanded cultural options 5
- Spa with hot tubs/mani/pedi 5
- EMT-Fire Department 3
- Nonprofits are vital 3
- More summer programs for preschool age children 3
- Downtown parking and walking friendly, curb cuts 3
- Good roadways, noncorrosive Rt 4/16/17 2
- Co-op style business 2
- Volunteers and engage the millennials 1
- Chamber 1
- CCTV 1
- Dog Park 1
- Community Newspaper with all services listed, restaurant hours listed 1
- Snowmobiling and outdoor recreation
- Public Bathrooms
- Free calendar for all events
- Car wash
- Integration of services between Rangeley and Oquossoc
- School to provide outreach/life skills learning
- Expand Oquossoc water district
- Host more events like Bike Maine
- Sliding fees for Seniors taxes
- Expand Small Business and hardware store
- Rangeley phone book on line and updated

3. What type of educational programs or seminars would you participate in if they were offered in Rangeley?

- Community Service Internships 7
- Auto and Woodworking 5
- Programs for healthy Families 4
- Small Business workshops 4
- College Classes for over 50 3
- Music lessons 3
- Birding 3
- Scouting 3
- Survival Training (outdoor) 3
- Welcome center 3
- Social Media – For kids and parents/marketing 3
- Heritage rich classes 3
- Cooking 1
- Weaving 1
- Organic gardening and composting 1
- Grandparents options at school 1
- Classes on communication – verbal 1
- Food prep/canning and herbs 1
- Home repair expo
- Sewing and knitting
- Sports, Pickleball, Baseball
- Reinventing yourself after retirement
- Swimming Lessons
- Computer skills
- Budgeting classes
- More RFA Programs senior movies
- 4H
- Legal and Tax prep
- Classes for infants/toddlers/children and parents
- Get the word Out